

Curriculum Vitae

Melba J. Nicholson Sullivan, Ph.D

melba@sage3c.com; www.sage3c.com

Education

- 1991-1995 **Howard University**
Bachelor of Science in Psychology
Minor in Theater Arts
Summa Cum Laude, Phi Beta Kappa
- 1995-2001 **University of Illinois at Urbana-Champaign**
Doctorate in Clinical/Community Psychology
Master of Arts in Clinical/Community Psychology
Specialization in Developmental Cultural Psychology
- 2001-2003 **Duke University**
Research Scholar, Sanford School for Public Policy, Center for Child and Family Policy
Clinical Internship, Medical Center, Child and Family Trauma Track
- 2009 **Harvard University Medical School**
Harvard Program for Refugee Trauma
Certificate, Global Mental Health
- 2018- **New York Insight Meditation Center/Center for Mindfulness**
Mindfulness Based Stress Reduction (MBSR)
Teacher Training Program

Awards and Honors

- 1995 University of Illinois Graduate College Minority Fellowship
- 1996 American Psychological Association Minority Pre-doctoral Fellowship
- 1996 Ford Foundation Minority Pre-doctoral Fellowship
- 1996 National Science Foundation Minority Pre-doctoral Fellowship (Accepted)
- 1998 Illinois Consortium for Equal Opportunity Program Graduate Fellowship
- 1999 Society for Research in Child Development Millennium Fellows Program, Jr. Mentor
- 2007 Outstanding Professional Accomplishment, The Family Institute at Northwestern University

Professional Positions and Visiting Appointments

- 2003-2004 Resource Director, Cook County Juvenile Court Clinic/Northwestern University Law
- 2004-2008 Director Community Outreach Program, The Family Institute at Northwestern University
- 2009-2010 Inaugural Director, Human Development and Counseling Centre, American University of Nigeria
- 2010-2017 Director of Training, Trauma Track Coordinator Bellevue/NYU Program for Survivors of Torture
- 2004-present Independent Practice: Organizational and Leadership Advising, Trauma and Recovery
- 2013-present Faculty, Subject Matter Expert, United States Citizenship and Immigration Service, Refugee, Asylum, and International Operations
- 2017-2018 Faculty, Advising Coach, Seven Stones Leadership Group
- 2018-present Stress and Resilience Counselor, Human Rights Watch
- 2018-present Clinical Director, Ackerman Institute for the Family; Therapist, Foster Care and Adoption Project

Licensure and Certification

2005 Illinois Clinical Psychology License
2009 California Psychology License
2010 New York Psychology License

Academic Appointments

2004-2008 Clinical Lecturer, Northwestern University
2008-2009 Assistant Professor of Clinical Psychology, Argosy University-Orange County
2010-2017 Assistant Clinical Professor of Psychiatry, New York University School of Medicine

Hospital Appointments

2000-2001 Medical Psychology Intern, Duke University Medical Center
2010-2017 Psychologist, Bellevue Hospital Center
2010-2017 Psychologist, New York University Langone Medical Center
2013-2017 Trauma Track Coordinator, Bellevue Hospital Center, Psychology Externship Program

Major Committee Assignments

National and Regional

1998-1999 Adolescence in the 21st Century Research Study Group, Society for Research on Adolescence
2001 Grant Review Committee, North Carolina Department of Health and Human Services, Division of Mental Health, Developmental Disabilities, and Substance Abuse Services; State collaborative for Children and Families
2004-2008 School Age Committee, Cultural Diversity Committee, Illinois Children's Mental Health Partnership
2007 Grant Review Committee, Illinois Violence Prevention Authority/Illinois School Board of Education
2016-2017 Advisory Council, Center for Victims of Torture, National Capacity Building Project

University and Hospital-based

1999 Admissions Committee, Clinical Psychology Program, University of Illinois at Urbana-Champaign
2001-2003 Service Learning Advisory Board, Kenan Institute for Ethics, Duke University
2002-2003 Certificate for Children, Education, and Society Committee, Kenan Institute for Ethics, Center for Child and Family Policy, Duke University
2004-2008 Executive Committee, Admissions Committee, Marital and Family Therapy Program, The Family Institute at Northwestern University
2008-2009 Admissions Committee, Diversity Committee, Assessment Training, Committee, Argosy University-Orange County
2010-2017 Education and Training Committee, Bellevue Hospital Center, Department of Psychiatry, Division of Psychology

Memberships, Offices, and Committee Assignments In Professional Societies

1997-2003 American Psychological Association
2006-2008 American Family Therapy Academy, 2006 Co-chair, Conference Local Arrangements Committee; 2008 Co-chair, Special Interest Groups: Women and Community Based Research

Editorial Positions

- 2008 Ad Hoc Reviewer, American Journal of Community Psychology
2014 Chapter Editor, *Trans Bodies, Trans Selves: A Resource for the Transgender Community*.
2015 –Present Ad Hoc Reviewer, Journal of Child and Family Studies

Teaching Experience

- 1995-1997 Community Projects Seminar. Liaison between local school, parents, and University of Illinois stakeholders. Taught didactics and supervised graduate student mentor relationships.
- 1997-1998 Community Psychology. Developed lectures and assignments with three other instructors for University of Illinois undergraduate students.
- 1998-2000 Undergraduate research. Designed research experience for 4 students in connection to dissertation at University of Illinois.
- 2001-2002 Prevention as Community Policy. Service-learning course for undergraduate and graduate students in public policy at Duke University. Created lectures, graded assignments, liaison to community volunteer sites.
- 2005-2008 Working with Diverse Populations in Community Settings. Marital and Family Therapy graduate course at Northwestern University. Used didactic and experiential exercises to train students in in-home, in-school, and community-based therapy. Expanded non- credit optional 5 hour course into for credit required 35 hour course.
- 2004-2008 Clinical Supervision. Supervised clinical cases of Northwestern University Marital and Family and Counseling Psychology graduate students.
- 2008 Wise 'Ol Owls. Conference leader. Organized series of presentations to parents and social service providers about racial socialization, parenting, and family intervention.
- 2008-2009 Cognitive Behavioral Therapy. Course instructor for first-year graduate students in Clinical Psychology at Argosy University-Orange County.
- 2008-2009 Cognitive Assessment. Course instructor for first-year graduate students at Argosy University-Orange County. Created didactic and experiential exercises to teach all aspects of cognitive assessment process.
- 2008-2009 Assessment Practicum. Faculty liaison between students and externship sites. Taught didactics and facilitated case review.
- 2009 Family Therapy. Course instructor for Clinical Psychology graduate students at Argosy University- Orange County.
- 2009 Issues in the Assessment and Treatment of Diverse Populations. Course instructor. Created didactic and experiential exercises for Clinical Psychology graduate students at Argosy University-Orange County.
- 2009 Creating a vision for your future lecture. Entrepreneurship. American University of Nigeria.

- 2013-2017 Working with Survivors of Torture. Trauma track didactic series. Bellevue Hospital Center, Department of Psychology.
- 2013-Present Interviewing Survivors of Torture: Self-Care and Eliciting the Trauma Narrative. Course faculty. Subject matter expert. United States Citizenship and Immigration Service, Refugee Asylum and International Operations.
- 2016 Applying international definitions of torture in human rights work. Webinar and e-consultation. National Capacity Building Project.
- 2016 Fundamentals of working with survivors of torture. Blended-learning course instructor. National Capacity Building Project.
- 2016 Healthy Organizations: Beyond Individual Self-Care. Webinar and e-consultation. National Capacity Building Project.
- 2017-2018 Psychoeducational and Community Interventions. Course Instructor. Mental Health Counseling Master's Program. The City College of New York.
- 2017-2018 Mastering Sustainable Abundance: Step Two and Step Three. Course advisor and facilitator. Seven Stones Leadership Group.

Selected Conference Presentations

- Sullivan, M. (2016, June). *Cultivating an Organizational Culture of Care*. Invited Panel Presentation. New Developments in Secondary Trauma: Supporting Professionals who Work with Traumatized Children. Sponsored by: The New York City Center for Children in association with Prevent Child Abuse America and New York City Administration for Children's Services. New York, New York.
- Sullivan, M.J.N. (2015, October) *An interdisciplinary approach to working with international survivors of human rights abuses*. Paper presented. 4th World Association Cultural Psychiatry Congress, Puerto Vallarta, Jalisco, Mexico.
- Sullivan, M. J.N. (2015, September) *Mental Health, Trauma, and the Legal System*. Keynote address. Kings County District Attorney, Brooklyn, NY.
- Sullivan, M.J.N. & Kleinert, K (2015, May). *Trauma and Resilience in LGBT Populations: Group therapy with LGBT Survivors of Torture*. Panel Presentation. American Psychiatric Association, 168th Annual Meeting, Toronto, Canada.
- Bunn, M., Murakami, N. & Sullivan, M.J.N. (2012, April). *Developing a Child and Family Focused Program: Assessment, Design, Implementation, Training, and Evaluation*. Invited Panel Presentation. National Capacity Building Project Clinical Institute. Durham, North Carolina.
- Brandfield, J., Sullivan, M.J.N., & Anderson, E. (2012, September). *How Do We Take Care Of Our Self? Legal Services and Vicarious Trauma*. Luncheon Keynote address. New York State Bar Association's Partnership Conference. Albany, New York.

Invited Professional and Personal Development Workshops and Presentations

- Sullivan, M.J.N. (2019). *Social Justice and Person-of-the-therapist: Showing up personally and professionally in times of joy and sorrow*. Ackerman Institute for the Family, New York, NY.
- Sullivan, M.J.N. & Lewis, C. (2018). *Sustainable Abundance: New Skills, New Ideas for your Collaborative Practice*. New York Association of Collaborative Professionals, Westchester County, NY.
- Sullivan, M.J.N. (2018). *Mindful Approaches to Self-Compassion*. Professional Development Webinar. Partnerships for Trauma Recovery, Berkeley, California.
- Sullivan, M.J.N. (2018). *Mindfulness*. High School Teachers' Professional Development Workshop. Momentum Education, New York, New York.
- Sullivan, M.J.N. (2018). *Embodied Leadership: Navigating the Impact of Trauma Work*. Half-day retreat. New York Legal Assistance Group: Legal Health, New York, New York.
- Sullivan, M.J.N. (2016). *What's race got to do with it?: Proactive and Protective Parenting Approaches*. Workshop. Aozora Community Foundation. Brooklyn, New York.
- Murakami, N. & **Sullivan, M.J.N.** (2016). *Trauma-informed Approaches: Asylees, Refugees, and Their Service Providers*. Grand Rounds. Jainian Medical Care/ Project for Psychiatric Outreach to the Homeless. New York, New York.
- Sullivan, M.J.N. (2016). *Eliciting the Trauma narrative*. Immigration Clinic. Columbia University Law School. New York, New York.
- Sullivan, M.J.N. (2016). *Working with Interpreters*. Psychology Externship Program, Bellevue Hospital Center. New York, New York.
- Sullivan, M.J.N. (2016). *Eliciting the trauma narrative*. Psychology Externship Program, Bellevue Hospital Center. New York, New York.
- Sullivan, M.J.N. (2016). *Working with Interpreters*. Psychiatry Residency Program, New York University Langone/Bellevue Hospital Centers. New York, New York.
- Sullivan, M.J.N. (2016). *Working with Interpreters*. Training for Global Health Selective for medical students. New York University School of Medicine. New York, New York.
- Sullivan, M.J.N. (2016). *Working with LGBTQI Survivors of Torture*. Psychiatry Residency Program. NYU Langone/Bellevue Hospital Center. New York, New York.
- Sullivan, M.J.N. (2015). *Group Therapy with Survivors of Torture*. Invited Webinar. National Capacity Building Project, Center for Victim of Torture. Minneapolis, Minnesota.
- Sullivan, M.J.N. (2014). *Vicarious Trauma and Self-Care*. Presentation for Staff. Brooklyn Law School. Brooklyn Law School. Brooklyn, New York.

- Sullivan, M.J.N. (2014). *Vicarious Trauma and Self-Care*. Presentation for students. Brooklyn Law School. Brooklyn, New York. Sullivan, M.J.N. (2013). *Self-Care and Vicarious Trauma*. Invited Presentation. New York Legal Assistance Group. New York, New York.
- Sullivan, M.J.N. (2013). *Working with Domestic and International Foster Care*. Invited Workshop. Lutheran Family Services. Colorado Springs, Colorado.
- Sullivan, M.J. N. (2013-2016). *Interviewing Survivors of Torture: Self-Care and Eliciting the Trauma Narrative*. Columbia Law School, Immigrants' Rights Clinic.
- Sullivan, M.J.N. (2009) *Life and Career Visioning*. Counselling and Human Development Centre, American University of Nigeria, Yola, Adamawa state.
- Nicholson, M.J. (2008). *Givin' It, Takin' It, Workin' It Out: Developing Social-Problem Solving*. Center for Talent Development, Northwestern University, Evanston, IL
- Nicholson, M.J. (2006-2008). *Fostering Your Child's Emotional IQ*. Center for Talent Development, Northwestern University, Evanston, IL
- Nicholson, M.J. (2006). *Prayer, Faith, and Mental Health*. St. Paul A.M.E. Church, Glencoe, IL.
- Nicholson, M.J. (2006). *Social-emotional development of gifted children*. Northwestern University Center for Talent Development, Evanston, IL.
- Nicholson, M.J. (2006). *Parenting from Your Center*. Northside College Preparatory High School, Chicago, IL
- Nicholson, M.J. (2005). *Parenting from Your Center*. Parenting University, School District #65, Evanston, IL
- Nicholson, M.J. (2005). *When to Worry: Knowing When Your Child Needs Help*. Center for Talent Development, Northwestern University, Evanston, Illinois
- Nicholson, M.J. (2005). *Encouraging Achievement without Pushing Too Much*. Center for Talent Development, Northwestern University, Evanston, Illinois
- Nicholson, M.J. (2005). *Working with Multicultural Families*. Women's Center, Northwestern University, Evanston, Illinois.
- Nicholson, M.J. (2004). *The ABCs of Behavior Management*. School District #65, Evanston, IL.
- Nicholson, M.J. (2004). *Helping Your Children Navigate Their Peer Relationships: What to do about Bullying?* King Laboratory Elementary School, Evanston, Illinois
- Nicholson, M.J. (2004). *Developing Healthy Romantic Relationships*. Dominican University, Forest Park, IL

Clinical and Professional Training

United Way Board Serve
Nonprofit Management
Sustainable Abundance
Advanced Spanish
Foundations of Coaching
Transference-Focused Psychotherapy for Narcissistic Personality Disorder
Mindfulness Based Stress Reduction
Applied Mindfulness in Psychotherapy
Mindful Self Compassion
Eye Movement Desensitization and Reprocessing Part I & Part II, Group Traumatic Episode Recent
Traumatic Episode Protocols
Dialectical Behavioral Therapy
AAMFT Supervision Course and 2-years supervision of supervision

Mentoring of Graduate Students, Residents, Post-Doctoral Fellows in Research

2013-2017 Mentored psychiatry residents, fellows, administrative staff, undergraduate and graduate students on a research project exploring the assessment and treatment of LGBTQ survivors of torture.

Major Research Interests

1. Organizational wellness, leadership and talent management
2. Compassion-Informed approaches to assessment, intervention, supervision, and systems
3. LGBTQI survivors of human rights violations
4. Positive human development and the role of community based organizations

Boards and Community Organizations

1996-present Delta Sigma Theta Sorority, Incorporated; Chapter President, 1998-1999
1997-present Habitat for Humanity, Volunteer
2007-2008 Evanston Community Media Center, Board Member
2014- present New York City Medical Reserve Corps
2015-2016 New York City- Trauma Recovery Network, Human Assistance Program
2016-2017 National Capacity Building Project, National Advisory Council
2016- present Organisation for Refugee, Asylum, and Migration, Advisory Council

Bibliography

Original Reports

Brandfield, J. and Sullivan, M.J.N. (In preparation). The Impact of Trauma Work on Legal Providers.

Hopkinson, R., Keatley, E., Glaeser, E., Erickson-Schroth, L., Fattal, O., & Sullivan, M. (2016). Persecution experiences of Lesbian, gay, bisexual, transgender asylum seekers. *Journal of Homosexuality*. 64(12): 1650-1666.

Keller, A. S., Weiss, J., Resnick, S., Berkowitz, L., Soeprono, A., Sullivan, M. J. N., Granski, M., Cere, E., Wolff, M. (2014). Lessons in health and human rights: providing dental care to torture survivors. *Journal of the American College of Dentists*. 81(2): 36-40.

Stearns, M.E., Dodge, K.A., and Nicholson, M.J. (2008) From Mischief to Violence: Contextual influences on the growth of behavior problems in early elementary school. *Merrell Palmer Quarterly*. 54(2): 208-231.

Darity, W. Jr. and Nicholson, M. J. (2005). Racial wealth inequality and the Black Family. In Nancy Hill, VonnieMcLoyd, and Kenneth A. Dodge (Eds.) *African American Family Life: Ecological and Cultural Diversity*. New York: Guilford Press.

Haight, W., Rhodes, J., and Nicholson, M. (2002). Cross-race mentoring: Perspectives of mentors over time and strategies for support. *The Mentor: Journal of mentoring and field experience*.

Book Chapter

Darity, W. Jr. and Nicholson, M. J. (2005). Racial wealth inequality and the Black Family. In Nancy Hill, Vonnie McLoyd, and Kenneth A. Dodge (Eds.) *African American Family Life: Ecological and Cultural Diversity*. New York: Guilford Press.